

## Herd 2 Human Instructor School

# VA ~Approved



# Becoming a Herd 2 Human Certified Instructor

## elpful Information

If you are considering certification and possibly a career as a Herd 2 Human Instructor, the following might be helpful:



- What is Expected of Certified Instructors
- Application for Enrollment
- Assumption of Risk Agreement
- Herd 2 Human Instructor School Curriculum
- School Overview and Homework

## Herd 2 Human – Instructor School Curriculum

Tuition for Certification: (Please call for current pricing) Discounts, contributions from Willowbend Farm, and scholarships are often available.

Certification School:

- 84 hours on campus course at Willowbend Farm
- Board and room
- Study materials
- Follow-up support and oversight

NOTE: The Herd 2 Human program was approved in 2017 by the VA to allow veterans to use their GI Bill® to pay tuitions. This benefit is not currently available, but may be again in the future.

#### **MISSION STATEMENT**

The mission of the Herd 2 Human (H2H) certification course is to teach instructors the skills needed to develop and operate an independent H2H equine practice. The goal of certification is to achieve proficiency in helping individuals improve their quality of life through learning better communication and relationship skills. The H2H program teaches hands-on groundwork techniques with horses using specific philosophies and methods of interspecies communication. Combined with other self-awareness modalities, H2H encourages self-discovery and increased self-value.

#### OBJECTIVES

The process of becoming an H2H instructor begins with a passion to connect energetically and physically with horses and work with humans experiencing emotional challenges. The objective is for each student to learn:

- 1. Herd 2 Human philosophies and methods of interspecies communication with proficiency and develop the ability to conduct H2H classes.
- 2. Skills of self-discovery, meditation, intuitive writing, and deductive observation of horse and human interaction. If not already teaching these practices, the H2H instructor will learn how to guide others in these practices.
- 3. Horse behavior and the effects of human interaction with the horse.
- 4. Horse husbandry, including; general care, health, and nutrition.
- 5. Hands-on barn/facility management, including; safety, liabilities, and general responsibilities of the instructor.
- 6. How to organize and facilitate individual and group sessions.
- 7. How to create, build, and promote a H2H practice.
- 8. What the H2H instructor's role is when working with mental health professionals or other specific groups of professionals.

#### PREREQUISITES

- Open to self-discovery, personal change, and new concepts of horsemanship.
- Committed to helping others with self-discovery through relationships with horses.
- Experienced with basic horse care and management.
- Physically capable of handling horses on the ground and in the saddle.

- Open to working with humans who are experiencing emotional challenges.
- Capable of understanding how much human trauma horses can endure.
- Spiritually open. NOTE: H2H is not affiliated with any specific religion, nor should it ever be. However, it does require being respectful of all spiritual practices and includes meditation and other spiritual components.
- A willingness to share personal life experiences that have expanded your empathy regarding trauma and emotional challenges.

#### PROCESS

- Attend and participate as a student in either a H2H 6week (one class per week) or 3-day intensive program taught by a certified H2H instructor.
- Eighty-four (84) hours total instructor training at Willowbend Farm to include (but not limited to):
  - Philosophies and methodologies of H2H.
  - Program, horse, staff, and barn management (including determining the appropriateness of teaching facilities and horses for H2H).
  - Planning 6-week (once weekly) and 3-day intensive H2H programs.
  - ✤ Business aspects of H2H.
  - Written exam with a passing grade of at least 70%.
  - Hands-on horsemanship exam with a passing grade of at least 70%.
- Within one (1) year, following the first 60 hours of classroom and barn instruction at Willowbend Farm,

student instructors will complete their homework with supervision of a master instructor as follows:

- Teach a complete 6-week program, once per week (minimum of 2 hours per week), or a 3-day intensive class, following the H2H student workbook, to at least one (1) group of four to six students.
- At least half of your students must be individuals who are not well known to you. (Suggestion: Obtain referrals from people you know.)
- Teaching must be done at an H2H-appropriate and approved facility with appropriate horses.
- Appropriately document/record the process of organizing and teaching students. Choose your method of supervised documentation in a way that will not interfere with the relationship building process.
- Group sessions must be done with the assistance of another horse professional with preference given to H2H instructors, instructor trainees, or qualified students who have been through the program. Instructor teams must include both male and female instructor/assistants.
- Lacking the availability of a master instructor to audit the trainee's proficiency, the instructor trainee may create and provide a video (or equivalent visual and audio media) to a master instructor showing applicable portions of the instructor trainee's work. The visual documentation should be done with discretion and not interfere with nor influence the flow and purpose of the class.
- Provide copies of all student evaluations for review by a master instructor.

#### CERTIFICATION

- Certification will be determined by the combined evaluations of the instructor trainee's students and by the auditing master instructor.
- Upon successful completion of the above process and meeting prerequisites, instructor trainees will be certified to conduct their own practice, teaching the H2H program to students within the scope of the H2H Student Workbook and other H2H instructional material.

NOTE: Instructor school does not guarantee successful completion and/or certification. The school provides the best instruction practice equally to all students. It is each individual student's responsibility to apply themselves and take advantage of the training offered in pursuit of their success. While Willowbend Farm strives to inspire and promote the success of each certified instructor, Willowbend Farm offers no guarantee that certification will provide any particular business success.

NOTE: Instructor Certification does not qualify instructors to teach other instructors.

#### **RECERTIFICATION AND CPEs**

• All certified H2H Instructors will be required to maintain membership in the Association of H2H Instructors.

Annual recertification of H2H instructors requires that all instructors attend either an annual H2H conference or 20 hours of independent continuing education. To preserve the integrity and continuity of the H2H program, all independent continuing education courses must be pre-approved by a H2H master instructor and be relevant to the practices and intent of H2H.

## What is Expected of Herd 2 Human Instructors?

Before committing to instructor certification school, each applicant must understand that:

It is Willowbend Farm's goal to train others to become Herd 2 Human instructors, and at the same time, maintain the design and process of sharing Herd 2 Human in the same or very similar way proven successful over the years.

In order to maintain originality and continuity in the practice of Herd 2 Human, once certified to instruct Herd 2 Human programs, all instructors agree to enter into an agreement with Willowbend Farm. The agreement between Willowbend Farm and Herd 2 Human instructors will include, but is not limited to, the following:

- Certified instructors will operate their own business independent of Willowbend Farm.
- Certified instructors will comply with the curriculum requirements.
- Each Herd 2 Human instructor will maintain state approved professional liability insurance naming Willowbend Farm as an additional insured.
- Certified instructors will strictly adhere to the methods and philosophies of Herd 2 Human as it is designed.
- No changes or alterations will be made to the design or the way Herd 2 Human is taught by any person without express written authorization by a master instructor.

- Certified instructors will not promote any political or religious preferences as the basis of Herd 2 Human.
- Certified instructors will not produce or publish written material or media, advertising or presenting Herd 2 Human, that is not authorized by Willowbend Farm.
- No Herd 2 Human certified instructor, or instructor trainee, will use any part or aspect of the Herd 2 Human program gained from Willowbend Farm to develop their own program or assist others with developing a program to compete with or emulate Herd 2 Human for at least 5 years after receiving training in or practicing as a Herd 2 Human instructor.
- There will be no exclusive territories granted for a specific Herd 2 Human practice. Willowbend Farm will geographically regulate the number of certified instructors providing service, to prevent oversaturating communities with instructors or interfere with existing quality programs.
- Willowbend Farm maintains exclusive right to resolve, arbitrate, or remedy any complaints or corrections of instructors.
- All Herd 2 Human instructors, assistants, or volunteers shall maintain the highest level of integrity, honesty, and moral turpitude at all times.
- Instructor certification requires annual renewal to continue practice. Any more than 2 years without renewal will require a recertification course.
- All instructors are required to obtain at least 20 credits of continuing education each year to maintain certification.

#### A certified instructor can expect:

- To receive continuing informational support and training from Willowbend Farm, as it is available.
- Project support from Horsepower, Inc. (a nonprofit organization).
- Annual training support session for continuing ed.
- Access to program materials (sold to instructors at cost).
- Periodic on-site support from Willowbend Farm.
- Advertisement on Willowbend Farm's website and other promotional media and material.

#### Assumption of Risk

All instructor students are required to sign an assumption of risk agreement stating that they understand the inherent risks of working with horses. Instructors will use the same assumption of risk agreements, edited specifically for participants in their own programs.



#### Minimum Instructor Training – 84 hours

#### Overview of the first 60 hours at Willowbend Farm

**Day 1** - Personal Growth, Meditation, Intuitive Writing, Inspiration

**Day 2** - Horsemanship Philosophies and Methods, Working with Horses

Day 3 - Safe Horse Handling and Care

**Day 4** - Facilities and Facilities' Management - Design and Liabilities, Organizing and Scheduling Group Workshops

**Day 5** - The Herd 2 Human Instructor's Role in Equine Assisted Psychotherapy vs. Interspecies Communication

**Day 6** - Promoting Your Herd 2 Human Practice, business practices and billing



# Willowbend Farm, Inc.

Jeff & Darlene Patterson 13400 Turah Rd. Clinton, MT 59825 Jeff's Cell: (406) 240-8598 Darlene's Cell: (406) 396-7738 Website: www.willowbendfarmmt.com Email: jeff@willowbendfarmmt.com darlene@willowbendfarmmt.com

